

# NUR 114 : Holistic Health Concepts

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of cellular regulation, perfusion, inflammation, sensory perception, stress/coping, mood/affect, cognition, self, violence, health-wellness-illness, professional behaviors, caring interventions, and safety. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

**Credits** 5

**Class Hours** 3

**Lab Hours** 0

**Clinical Experience Hours** 6

**State Prerequisite Courses**

[NUR 111](#)