

## PED 148 : Softball

This course introduces the fundamental skills and rules of softball. Emphasis is placed on proper techniques and strategies for playing softball. Upon completion, students should be able to participate in recreational softball.

**Credits** 1

**Class Hours** 0

**Lab Hours** 2

**Clinical Experience Hours** 0

### **Notes**

This course has been approved for transfer under the CAA as a pre-major and/or elective course requirement.

This course has been approved for transfer under the ICAA as a pre-major and/or elective course requirement.